

**Springfield Racquet & Fitness Center**

**Ages 7—11**

**Every Saturday 1-2 pm**

**Starting September 17, 2011**

**Registration NOT Required—Bring a Friend!**



# KidFit

**Give Your Kids a Break from TV and Video Games**

**Bring them to an Exciting One Hour Class  
packed with Active Fun, Sports and Games**

***Athletic Ability NOT Required—Just Come for Fun***

**Sports, Fitness  
Games, FUN  
Active Play**

**Classes are FREE for SR&FC FAMILY Memberships**

**\$3 per Child for Non-Family Members**

**\$6 per Child for Non-Members**

**Non-Member Parents MUST Sign A WAIVER**